



Council for Cadet Rifle Shooting

Cadet Inter Services' Skill at Arms Meeting 2021

DOCUMENT INFORMATION			
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PART 1 – CISSAM General Rules

Reference:

- A. Cadet Training – Ranges. Regulations for Training with Cadet Weapon Systems and Pyrotechnics (2018)
- B. Cadet Training - Skill at Arms. The L98A2 Cadet GP Rifle (5.56 mm), L86A2 Light Support Weapon and Associated Equipment
- C. The NRA Handbook – Rules of Shooting

Rules

1. These rules are to be observed in the spirit as well as the letter and are intended to be supplementary to Reference A. The term 'L98A2' includes all in-service variants of the L98.
2. The Exercise Director, Senior Planning Officer (SPO) or Range Conducting Officer (RCO) is empowered to stop shooting at any time during the meeting should he consider that circumstances including the weather conditions warrant it. The Inter Services' Cadet Rifle Matches Committee is empowered to alter the programme, including the cancellation of matches, should circumstances make it necessary.
3. Any dispute which cannot be resolved by the RCO, will be settled by a meeting on the range of a protest committee consisting of the RCO, Chairman and three members of the Inter Services' Cadet Rifle Matches Committee, including those co-opted for that purpose for the meeting.

Safety

4. L98A2 drills are to be followed at all times. A cadet or CFAV who has an unintended discharge through an error of drill will render their WHT void and must receive instruction and a retest before they may fire again, and their score in the match in which the incident took place will be void.
5. On any matches involving movement:
 - a. If a firer trips and falls they must not fire until their rifle has been inspected by a safety supervisor.
 - b. If a firer drops their magazine from a pouch they may retrieve it, if it is safe to do so, at the discretion of the safety supervisor.
 - c. If a magazine drops off the rifle, it must not be reused in the match.
 - d. All forward movement where a magazine is fitted is to be considered fire with movement and will require 1:1 supervision; appropriately qualified team managers will be expected to assist on the range. Where the magazine is not fitted and providing the weapon has been cleared

before forward movement takes place, this is not fire with movement and so the normal supervision ratios will be as determined by the RCO.

Eligibility

6. Firing teams are to consist of the following:
 - a. Community Cadet Teams. Four firing cadets from the same SCC District, ACF County, or ATC Wing, with at least three in the firing team from the same SCC Area, ACF Company or equivalent, or ATC Sector. Coaches may be CFAV or cadets. A team of less than four cadets may be accepted subject to space and the approval of CCRS. Such a team are eligible for all individual prizes and inter services team selection but will not be listed or scored for team prizes.
 - b. CCF Teams. Four firing cadets from the same CCF unit and still on the strength of the unit.
7. Cadets competing in a firing team must be under 18 on the day of any competition they fire in.
8. Any substitution of a firer must be authorised in writing by the ISMC prior to the start of shooting. If time is short the RCO will give provisional permission pending authorisation from ISMC. The firer must be qualified in accordance with Paragraphs 6 and 7.

Rifles and Ammunition

9. The L98A2 with no modifications must be used in accordance with Reference B, including the fitting and wearing of slings. The weapon must be fired with webbing or Viper vests.
10. Only ammunition issued at the meeting may be used; it will be issued immediately before the start of the practice and is not to be taken behind the firing point. Empty cases and unused rounds are to be returned to the ammunition point at the end of the shoot.

Dress and Equipment

11. The following dress standards are to be observed:
 - a. Uniform is to be of service pattern and as issued. Badges of rank must be worn.
 - b. Belts need not be worn.
 - c. Over trousers of a non-service pattern are permitted in the event of inclement weather.
 - d. Improvised padding (eg hose tops) may be worn underneath uniform but must not be visible.
 - e. An eye patch or blinder may be used.
 - f. Elbow and/or knee pads may be worn, which must be no more than 13mm thick when compressed.

- g. Gloves may be worn unless it interferes with the safe operation of the rifle.
12. Only the following optional equipment is allowed on the firing point:
- a. Single layer ground sheets, which must be laid flat on the ground with no pegs.
 - b. Hand held binoculars.

Hearing Protection

13. The use of ear defenders on the firing point and in its vicinity is compulsory. Where ear defenders are worn headdress is to be removed. Ear defenders or issued foam plugs are to be worn in the butts when firing is in progress.

Coaching

14. Coaching, where allowed by the match conditions, may be done by CFAV or cadets, who must hold an in date WHT for the weapon.

Ties, Targets, Marking and Scoring

15. Ties for first place in individual competitions will, unless otherwise stated in the match conditions, be determined by a reshoot of the competition concerned. All other ties, including all team competitions, will be determined in accordance with paras 501-509 of Reference C.

16. Targets are as detailed for each match in the match conditions, and may be substituted with as close an equivalent as possible should they not be available.

17. Targets will be marked in accordance with the match conditions. Excess hits on targets will be marked as follows:

- a. Where a competitor or team fires more than the number of shots allowed, the score of the practice being fired will be zero.
- b. Where the competitor or team fires the correct number of shots but there are more shots on the target than allowed (eg cross fire):
 - (1) Where the number of excess shots does not exceed 50% of the number of shots allowed the score will be adjusted by first cancelling the lowest value shot, then the highest value, alternating as such until the shots left are equal to the number allowed.
 - (2) Where the number of excess shots exceeds 50% of the number of shots allowed, by a reshoot.

In the event of a reshoot the whole original shoot including sighters, where allowed, will be fired.

18. The signalled value or number of hits may only be challenged on non-electronic targets, and may only be challenged once.

19. Protests on the procedure of a shoot (eg timings, frame breakages etc) must be made by the individual or team captain before the score is known or marked targets displayed. If upheld, the score made will be annulled and a reshoot will take place. If the protest is not upheld the score made will be taken; the competitor may subsequently challenge the value or number of hits.

PART 2 – CISSAM Matches

CISSAM - Match 1 – The Defence Match

- 1.1 **Outline.** A three practice shoot. Open to all teams of four entered into CISSAM.
- 1.2 **Ranges.** To be fired on a CGR or Gallery Range.
- 1.3 **Timings.** A timing chart is included after each practice. Each detail will take approximately 15 minutes to complete.
- 1.4 **Prizes.**
 - 1st The Challenge Cup and 4 CCRS Gold Medals.
 - 2nd 4 CCRS Silver Medals.
 - 3rd 4 CCRS Bronze Medals.
- 1.5 **Ammunition.** 30 rounds per firer in one magazine of 10 rounds for practice 1 and one magazine of 20 rounds for practices 2 and 3.
- 1.6 **Targetry.**
 - 1 x Fig 11 with an inscribed 300mm circle, scoring 5 and 4
 - 1 x Fig 12
- 1.7 **Scoring.** Practices 1 and 2 - five and four points per hit. Practice 3 – five points per hit. HPS 50 per practice, Match HPS 150.
- 1.8 **Special Conditions.** Teams will be allocated one lane and will fire consecutively in four details.

Match 1 - Practice 1

Range/Position	300m prone.
Ammunition	10 Rounds.
Targetry	Fig 11 with an inscribed 300mm circle.
Exposures	1 x 60 seconds
Instructions	<p>Order 'With a magazine of ten rounds, load, adopt the prone position, ready, watch and shoot'.</p> <p>When targets appear firers open fire with ten rounds.</p> <p>Post practice order.</p> <p>'With a magazine of twenty rounds, make safe'.</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Up and Hold	20	1.21

Match 1 - Practice 2

Range/Position	300m prone.
Ammunition	10 Rounds.
Targetry	Fig 11 with an inscribed 300mm circle.
Exposures	1 x 35 seconds.
Instructions	Order ' Ready, Practice 2 - watch and shoot '. When the targets appear the firer is to fire 10 rounds. Post practice order. ' Apply your safety catches '.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Up and Hold	20	56

Match 1 - Practice 3

Range/Position 300m prone.

Ammunition 10 Rounds.

Targetry Fig 12.

Exposures 10 exposures of 3 seconds.

Instructions Order '**Practice 3, watch and shoot**'.

When targets appear the firer is to engage with 1 round per exposure.

Targets fall when hit.

Post practice order.

'Unload, for inspection port arms, show clear (once clear) ease springs'.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 12 Fall when Hit	00	04
		15	19
		33	37
		50	54
		1.10	1.14
		1.32	1.36
		1.45	1.49
		2.05	2.09
		2.20	2.24
		2.35	2.39

CISSAM - Match 2

- 2.1 **Outline.** A three practice shoot. Open to all teams of four entered into CISSAM.
- 2.2 **Ranges.** To be fired on an ETR.
- 2.3 **Timings.** A timing chart is included after each practice. Each detail will take approximately 15 minutes to complete.
- 2.4 **Prizes.**
- 1st The Challenge Cup and 4 CCRS Gold Medals.
 - 2nd 4 CCRS Silver Medals.
 - 3rd 4 CCRS Bronze Medals.
- 2.5 **Ammunition.** 30 rounds per firer in one magazine of 20 rounds for practices 1 and 2 and one magazines of 10 rounds for practice 3.
- 2.6 **Targetry.**
- 100m Fig 12.
 - 200m Fig 11.
 - 300m Fig 11.
- 2.7 **Scoring.** Four points per hit. HPS 40 for each practice. Match HPS 120.
- 2.8 **Special Conditions.**
- 2.8.1 Teams will be allocated one lane and will fire consecutively in four details.
 - 2.8.2 No more than four hits will count at any one distance for each practice.
 - 2.8.3 Assistance must not be given by anyone not in the team. However, the team manager or another member of the team's unit may accompany the team from the start point to the firing point.

Match 2 - Practice 1

Range/Position	300m-100m Prone.
Ammunition	20 Rounds.
Targetry	100m Fig 12. 200m Fig 11. 300m Fig 11.
Exposures	1 x 30 second exposure at 100m followed by 1 x 15 second exposures at 200m and 1 x 30 second exposure at 300m.
Instructions	Line up 100m behind the firing point, rifles unloaded.

Order '**Practice 1, watch out**'.

When targets appear firers are to run to the firing point, adopt the prone position, load, make ready and engage the targets with up to ten shots, but no more than four shots per distance.

Targets up and hold.

Post practice order.

'Practice 2, watch and shoot'

Timing Chart

Range	Target Frames	Timings	
		Up	Down
100	Fig 12 Up and Hold	05	36
200	Fig 11 Up and Hold	55	1.10
300		1.31	2.01

Match 2 - Practice 2

Range/Position 300m and 200m, prone.

Ammunition 10 Rounds.

Targetry 200m Fig 11.
300m Fig 11.

Exposures One x 7 second exposure at 300m or 200m, followed by nine exposures of 4 seconds at 300m and 200m in random order.

There will be irregular intervals between each series of exposures.

Instructions When the targets appear the firer is to engage each exposure with 1 round.

Targets fall when hit.

Post practice order.

‘Unload, for inspection port arms, show clear (once clear) ease springs. Dress into the fire trench’.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Fall when Hit	05	13
200		55	1.00
300		1.30	1.35
200		1.40	1.45
300		2.40	2.45
200		3.10	3.15
300		3.45	3.50
200		4.05	4.10
300		4.15	4.20
200		5.01	5.06

Match 2 - Practice 3

- Range/Position** 300m-100m, fire trench.
- Ammunition** 10 Rounds.
- Targetry** 100m Fig 12.
200m Fig 11.
300m Fig 11.
- Exposures** One x 6 second exposure at 300m followed by three series of 3 second exposures at 300m, 200m and 100m in that order.
- Instructions** Firers are to fire 1 round at each exposure.
- Targets fall when hit.
- Post practice order.
- ‘Unload, for inspection port arms, show clear (once clear) ease springs, dress out of the fire trench’.**

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Fall when Hit	05	13
300	Fig 11 Fall when Hit	21	25
200	Fig 11 Fall when Hit	29	33
100	Fig 12 Fall when Hit	37	41
300	Fig 11 Fall when Hit	1.00	1.04
200	Fig 11 Fall when Hit	1.08	1.12
100	Fig 12 Fall when Hit	1.16	1.20
300	Fig 11 Fall when Hit	1.40	1.44
200	Fig 11 Fall when Hit	1.48	1.52
100	Fig 12 Fall when Hit	1.56	2.00

CISSAM - Match 3

- 3.1 **Outline.** A four practice shoot. Open to all teams of four entered into CISSAM.
- 3.2 **Ranges.** Can be fired on a gallery or CGR.
- 3.3 **Timings.** A timing chart is included after each practice. Each detail will take approximately 15 minutes to complete.
- 3.4 **Prizes.**
- 1st The Challenge Cup and 4 CCRS Gold Medals.
 - 2nd 4 CCRS Silver Medals.
 - 3rd 4 CCRS Bronze Medals.
- 3.5 **Ammunition.** 40 rounds per firer in two magazines of 10 rounds, one each for practices 1 and 2, and one magazine of 20 rounds for practices 3 and 4.
- 3.6 **Targetry.**
- 1 x Fig 11.
 - 1 x Fig 12.
- 3.7 **Scoring.** Four points per hit. HPS 40 for each practice. Match HPS 160.
- 3.8 **Special Conditions.** Teams will be allocated one lane and will fire consecutively in four details.

Match 3 - Practice 1

Range/Position	300m prone.
Ammunition	10 Rounds.
Targetry	Fig 11.
Exposures	One x 60 second exposure.
Instructions	<p>Order 'With a magazine of ten rounds, load, adopt the prone position, ready, Practice 1, watch and shoot'.</p> <p>When the target appears firers are to fire 10 rounds.</p> <p>Targets up and hold.</p> <p>Post practice order.</p> <p>'With a magazine of ten rounds, make safe'.</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Up and Hold	05	1.06

Match 3 – Practice 2

Range/Position	300m-100m prone.
Ammunition	10 Rounds.
Targetry	Fig 12.
Exposures	One x 20 second exposure followed by two x 55 second exposures, with an interval between exposures of 15 seconds or until all firers have completed a Make Safe, whichever is longer.
Instructions	<p>Order 'Ready, Practice 2 Watch and Shoot'</p> <p>On appearance of the first exposure firers are to fire up to 4 rounds. When 4 rounds have been fired or when the target goes down, firers are to make safe with the same magazine.</p> <p>On appearance of the second exposure firers are to run to the 200m firing point, adopt the prone position, make ready and fire up to 3 rounds. When 3 rounds have been fired or when the target goes down, firers are to make safe with the same magazine.</p> <p>On appearance of the third exposure firers are to run to the 100m firing point, adopt the prone position, make ready and fire up to 3 rounds. Targets up and hold.</p> <p>Post practice order.</p> <p>'Unload, for inspection port arms, show clear (once clear) ease springs, stand up, dress back to the 200m firing point'</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
200m	Fig 12 Up and Hold	05	26 (21 seconds)
		40*	1.36* (56 seconds)
		1.50*	2.46* (56 seconds)

*If the Make Safe is delayed the timings should be adjusted accordingly

Match 3 – Practice 3

Range/Position	200m prone.
Ammunition	10 Rounds.
Targetry	Fig 12.
Exposures	Two x 10 second exposures.
Instructions	<p>Order 'With a magazine of 20 rounds, load, adopt the prone position, ready, watch and shoot'.</p> <p>Fire up to 5 rounds at each exposure</p> <p>Targets up and hold.</p> <p>Post practice order.</p> <p>'Apply your safety catch'.</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
200	Fig 12 Up and Hold	05	16
		25	36

Match 3 – Practice 4

- Range/Position** 200m prone.
- Ammunition** 10 Rounds.
- Targetry** Fig 12.
- Exposures** Ten x 3 second exposures with intervals between exposures of 5 and 20 seconds.
- Instructions** Order **'Practice 4, watch and shoot'**.
- Fire 1 round at each exposure
- Targets fall when hit.
- Post practice order.
- 'Unload, for inspection port arms, show clear (once clear) ease springs'**.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
200	Fig 12 Fall when Hit	05	09
		15	19
		38	42
		48	52
		1.00	1.04
		1.15	1.19
		1.30	1.34
		1.40	1.44
		1.48	1.52
		2.00	2.04

CISSAM - Match 4

The Rifle Pairs Match

4.1 **Outline.** A pairs match. Open to up to two pairs of firers from any team of four entered into CISSAM.

4.2 **Ranges.** Gallery.

4.3 **Timings.** A timing chart is included after each practice. Each detail will take approximately 20 minutes to complete.

4.4 **Prizes.**

1st The Challenge Cup and 2 CCRS Gold Medals.

2nd 2 CCRS Silver Medals.

3rd 2 CCRS Bronze Medals.

4.5 **Ammunition.** 20 rounds per firer in two magazines of 10 rounds.

4.6 **Targetry.**

1 x Triple Fig 11.

1 x Fig 12.

4.7 **Scoring.**

4.7.1 **Practice 1 – Triple Fig 11.** Shots touching or within a 300mm ring on the centre target – five points. Shots anywhere else on the centre target – four points. Any other shots on the whole target – three points. HPS 50 per firer, 100 per pair.

4.7.2 **Practice 2 – Fig 12.** Shots touching or within a 300mm ring – five points. Any other shots on the target – four points. HPS 50 per firer, 100 per pair.

4.7.3 Match HPS 100 per firer, 200 per pair.

4.8 **Special Conditions.** Each pair occupies one lane; the firer on the left is designated No 1 and is to wear an identifying white band around their left arm. The firer on the right is designated No 2. The match requires that only one of the pair is firing at any time.

Match 4 - Practice 1

Range/Position 300m Prone.

Ammunition 10 Rounds per firer.

Targetry 1 x Triple Fig 11 per lane.

Exposures 1 x 90 second exposure.

Instructions The pair forms up at 400m.

Order '**Practice 1, watch out**'

When targets appear both firers are to run to the 300m firing point and adopt the prone position.

Once both firers are in the prone position firer 1 is to load, make ready and engage the target with up to 10 rounds. On completion of his shoot firer 1 is to unload. Firer 2 may not touch his ammunition pouch or start loading until firer 1 is unloaded. Once firer 1 has completed the unload, firer 2 is to load, make ready, and engage the same target with up to 10 rounds.

Targets up and hold.

Post practice order

'Unload, for inspection port arms, show clear (once clear) ease springs'.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Up and Hold	05	1.36

Match 4 - Practice 2

Range/Position 200m prone.

Ammunition 10 Rounds per firer.

Targetry 1 x Fig 12.

Exposures One flash exposure followed by five x 3 second exposures for firer 2 followed by five x 3 second exposures for firer 1.

Instructions When the target flashes both firers are to run to the 200m firing point, and adopt the prone position.

Once both firers are in the prone position firer 2 is to load, make ready and engage each subsequent exposure. On completion of his shoot firer 2 is to unload. Firer 1 may not touch his ammunition pouch or start loading until firer 1 is unloaded. Once firer 2 has completed the unload, firer 1 is to load, make ready, and engage the target.

Targets up and hold. More than one round may be fired at each exposure.

Post practice order

‘Unload, for inspection port arms, show clear (once clear) ease springs’.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
200	Fig 12 Flash	00	05
	Fig 12 Up and Hold	30	34
		53	57
		1.10	1.14
		1.20	1.24
		1.39	1.43
		2.03	2.07
		2.23	2.27
		2.35	2.39
		2.50	2.54
		3.06	3.10

CISSAM - Match 6, Match 8 and Match 9

The Cadet Deliberate Match, the Cadet Coach Deliberate Match, and the Adult Deliberate Match

4.1 **Outline.** A deliberate match, open to the following:

4.1.1 Match 6 is open to any cadet competing as a firer in CISSAM.

4.1.2 Match 8 is open to any cadet attending CISSAM as a coach or supernumerary.

4.1.3 Match 9 is open to CFAV attending the meeting with Cadet Teams. Members of the Inter Service Cadet Matches Committee are also eligible.

4.2 **Ranges.** Gallery or CGR.

4.3 **Timings.** Two 20 second exposures for sighting shots. One 30 second exposure for 10 deliberate shots. One 10 second exposure for 3 extra tie shots, for any score of 43 or over.

4.4 **Prizes.**

Match 6 and Match 9

1st A CCRS Gold Medal.

2nd A CCRS Silver Medal.

3rd A CCRS Bronze Medal.

Match 8

1st A CCRS Gold Medal.

4.5 **Ammunition.** 12 rounds per firer in one magazine. 3 rounds to be issued as required for extra tie shots.

4.6 **Targetry.** 1 screen mounted Fig 11 per lane.

4.7 **Scoring.** Five, four and three points. HPS before extra tie shots 50. HPS after extra tie shots 65.

4.8 **Special Conditions.**

4.8.1 Scoring will be confirmed by the butts officer, and cannot be challenged by the firer.

4.8.2 The match may be fired at 300m or 200m depending on range availability.

Match 6/8/9 - Practice 1 – Sighting

Range/Position 300m or 200m Prone.

Ammunition 2 rounds.

Targetry 1 x screen mounted Fig 11 per lane.

Exposures 2 x 20 second exposures.

Instructions Order '**Load, adopt the prone position, ready. Two sighting shots, one per exposure, watch out**'.

Targets will be marked after each sighting shot and raised for 20 seconds.

20 seconds after showing the marked target for the second exposure the targets will be lowered and patched out for Practice 2.

Post Practice order.

'Practice 2, watch and shoot'.

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300 or 200	Screen mounted Fig 11	05	26
	Marked Target	46	1.07
	Marked Target	1.27	1.48

Match 6/8/9 - Practice 2 – Deliberate

Range/Position	300m or 200m Prone.
Ammunition	10 rounds.
Targetry	1 x screen mounted Fig 11 per lane.
Exposures	1 x 30 second exposure. 1 x 10 second exposure for extra tie shots, for any scores of 43 and over.
Instructions	<p>5 seconds after the order ‘Practice 2, watch and shoot’ is given the target will be exposed for 30 seconds.</p> <p>Targets will be marked after the 30 second exposure. Any firer with a score of 43 or more will be issued a further 3 rounds.</p> <p>If no extra tie shots in the detail, order ‘Unload, for inspection port arms, show clear (once clear) ease springs’.</p> <p>If there are extra tie shots, order, ‘Lane(s) x, y, z (non tie shooting lanes) rest. Lane(s) a, b, c, three extra tie shots, watch out’.</p> <p>Tie shot targets will be exposed for 10 seconds.</p> <p>Tie shot targets will be marked after the 10 second exposure.</p> <p>At the end of the extra tie shoot order ‘Unload, for inspection port arms, show clear (once clear) ease springs’.</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300 or 200	Screen mounted Fig 11	05	36

Timing Chart – Extra Tie Shoot

Range	Target Frames	Timings	
		Up	Down
300 or 200	Screen mounted Fig 11	05	16

CISSAM – Match 7

The Falling Plates

- 7.1 **Outline.** A knockout match. Open to all teams of four entered into CISSAM.
- 7.2 **Ranges.** 200m. To be fired on a falling plates range with a minimum of three boxes of ten plates.
- 7.3 **Timings.** Each detail will take approximately 10 minutes to complete.
- 7.4 **Prizes.**
- 1st The Challenge Cup and 4 CCRS Gold Medals.
 - 2nd 4 CCRS Silver Medals.
 - 3rd 4 CCRS Bronze Medals.
- 7.5 **Ammunition.** 10 rounds per firer in one magazine.
- 7.6 **Targetry.**
- Falling plates box – 10 x falling plates per box.
- 7.7 **Scoring.** A knockout match.

Match 7 – Practice 1

Range/Position	300-200m run down.
Ammunition	10 rounds.
Targetry	Falling plates box of 10 plates.
Exposures	All plates are upright at the start of each run.
Instructions	Teams will be formed up in the prone position at 300m, rifles unloaded, with the magazine in a pouch.

Order **'Stand by'**.

On the blast of a whistle, teams run to the 200m point, adopt the prone position, load, make ready and engage the plates. The magazine must not touch the rifle and the safety catch must be on Safe until the firer is in the prone position on the 200m firing point.

The winning team is the one that fulfils one of the following conditions, in order of precedence:

Knock all the plates down first, or

Knock the most plates down, or

Expend the least ammunition

As soon as the first team has knocked their plates down, or after 90 seconds, whichever is first, order.

'Stop, unload, for inspection port arms, show clear (once clear) ease springs.'

CISSAM - Match 10

The Inter Services' Match

- 10.1 **Outline.** A three practice shoot. Open to one team of 12 from each of the cadet forces, SCC (including RM Cadets), ACF and RAFAC.
- 10.2 **Ranges.** CGR or Gallery.
- 10.3 **Timings.** A time chart is included after the practice details. Each detail will take approximately 20 minutes to complete.
- 10.4 **Prizes.**
- 1st The Challenge Cup and 12 CCRS Gold Medals.
 - 2nd 12 CCRS Silver Medals.
 - 3rd 12 CCRS Bronze Medals.
- 10.5 **Ammunition.** 30 rounds per firer in one magazines of 10 rounds and one magazine of 20 rounds.
- 10.6 **Targetry.**
- 1 x Fig 11.
 - 1 x Fig 12.
- 10.7 **Scoring.** Five points per hit. HPS 50 for each Practice, Team HPS 1800.

Match 10 - Practice 1

Range/Position	300m Prone.
Ammunition	10 Rounds.
Targetry	Fig 11.
Exposures	1 x 60 second exposure.
Instructions	<p>Order 'With a magazine of ten rounds, load, adopt the standing alert position, watch out'.</p> <p>On the appearance of the target firers are to adopt the prone position, make ready and engage with 10 rounds.</p> <p>Targets up and hold.</p> <p>Post practice order.</p> <p>'Make safe, Practice 2, watch out'</p>

Timing Chart

Range	Target Frames	Timings	
		Up	Down
300	Fig 11 Up and Hold	05	1.06

Match 10 - Practice 2

Range/Position	200m prone.
Ammunition	10 Rounds.
Targetry	Fig 11.
Exposures	One x 90 second exposure
Instructions	When targets appear firers are to move to the 200m firing point, adopt the prone position, make ready and engage their target with no more than 10 rounds. Post practice order. 'Make safe, Practice 3, watch out' .

Timing Chart

Range	Target Frames	Timings	
		Up	Down
200	Fig 11 Up and Hold	05	1.36

Match 10 - Practice 3

- Range/Position** 100m kneeling unsupported.
- Ammunition** 10 Rounds.
- Targetry** Fig 12.
- Exposures** One x 1 second 'flash' followed by ten x 3 second exposures
- Instructions** When the target flashes firers are to move to the 100m firing point, adopt the kneeling unsupported position, make ready, and fire no more than 1 round at each exposure.
- Targets fall when hit.
- Post practice order.
- 'Unload, for inspection port arms, show clear (once clear) ease springs'.**

Timing Chart

Range	Target Frames	Timings	
		Up	Down
100	Fig 12 Flash	05	07
	Fig 12 Fall when Hit	36	40
		46	50
		1.00	1.04
		1.20	1.24
		1.45	1.49
		1.52	1.56
		2.00	2.04
		2.15	2.19
		2.30	2.34
		2.40	2.44

CISSAM – Aggregate Prizes

CISSAM Match 11 – The Individual Snap

To be awarded to the cadets making the highest aggregate score of the following shoots:

Match 1, Practice 3
Match 2, Practice 2
Match 3, Practice 4

Prizes.

1st The HMS Scott Cup and a CCRS Gold Medal.
2nd A CCRS Silver Medal.
3rd A CCRS Bronze Medal.

CISSAM Match 12 – The Team Snap

To be awarded to the teams making the highest aggregate score of the following shoots:

Match 1, Practice 3
Match 2, Practice 2
Match 3, Practice 4

Prizes.

1st The Northamptonshire Cup and 4 CCRS Gold Medals.
2nd 4 CCRS Silver Medals.
3rd 4 CCRS Bronze Medals.

The Cadet 50

To be awarded to the cadets making the highest aggregate score of the following shoots:

Match 1
Match 2
Match 3

Prizes.

1st The Top Individual Trophy, a Cadet 50 Badge and a CCRS Gold Medal
2nd A Cadet 50 Badge and a CCRS Silver Medal.
3rd A Cadet 50 Badge and a CCRS Bronze Medal.
4th to 50th A Cadet 50 Badge.

Special Prizes

Top SCC Cadet The SCC Individual Trophy and a CCRS Gold Medal
Top RM Cadet The RM Individual Trophy and a CCRS Gold Medal
Top ACF Cadet The HMS Malaya Cup and a CCRS Gold Medal
Top ATC Cadet The ATC Individual Trophy and a CCRS Gold Medal

The Champion Team

To be awarded to the team making the highest aggregate score of the following shoots:

- Match 1
- Match 2
- Match 3
- Match 4 (nominated A team only)

Prizes.

- 1st The North Hampshire Rifle Association Cup and 4 CCRS Gold Medals
- 2nd 4 CCRS Silver Medals.
- 3rd 4 CCRS Bronze Medals.

Special Prizes – SCC Teams

- 1st The HMS Mercury Cup and 4 CCRS Gold Medals
- 2nd 4 CCRS Silver Medals.
- 3rd 4 CCRS Bronze Medals.

Special Prizes – ACF Teams

- 1st The Western Rifle Meeting Cup and 4 CCRS Gold Medals
- 2nd 4 CCRS Silver Medals.
- 3rd 4 CCRS Bronze Medals.

Special Prizes – ATC Teams

- 1st The Top ATC Team Trophy and 4 CCRS Gold Medals
- 2nd 4 CCRS Silver Medals.
- 3rd 4 CCRS Bronze Medals.