



ARMY CADET FORCE SHOOTING COMMITTEE

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Distribution:

ACF County HQs
ACF County Shooting Officers

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Chairman ACFSC

ACF Cadet 100 Smallbore Competition 2019-2020

1. The ACF Cadet 100 Competition comprises of two rounds. For each round firers will have unlimited sighters, following which they must fire ten scoring shots at each of two targets with the following conditions:
 - a. Round 1. To be fired on or before 02 Dec 19 and scores received by 07 Dec 19. Targets to be provided by units.
 - b. Round 2. Open to the top 200 from Round 1, names will be advised by CCRS before 13 Dec 19; if equal scores match the competitor in 200th place then entry to Round 2 will include all equal scores. To be fired on or before 03 Mar 20 and scores received by 08 Mar 20. Targets will be provided by CCRS.
 - c. Team Match. Concurrent with Round 1 and open to any number of teams of four firers from the same detachment. Team stickers will be included with individual returns and may be selected from any of the entrants before firing.

Firers must be on the strength of an ACF unit, and should be young enough to be able to fire both rounds of the competition as a cadet. If a competitor changes unit then they will still be eligible to compete for the unit from which they were entered.

2. Rules. The competition will be conducted under the rules of the NSRA, which may be found at <http://www.nsra.co.uk/index.php/home/downloads/category/82-rules>. The relevant parts of the rules have been extracted and are attached to this letter. Any rifle complying with rule 8.3.2 and equipped with iron sights (rule 8.4.2) may be used. Only issue ammunition is allowed.
3. Targets and ranges. The following targets must be used for the range distance stated; please note the '- 18' suffix which distinguishes them from the previous BM series targets:
 - a. 15 yards. 1510BM/89 – 18
 - b. 20 yards. 2010BM/89 – 18

- c. 25 yards. 2510BM/89 - 18
 - d. 25m. 25M10BM/89 - 18
4. Target verification. For each round the following procedures must be used for target verification:
- a. Two stickers per competitor will be supplied by CCRS. One sticker should be placed on the back of each match target, covering an aiming marks.
 - b. Team stickers will be provided in batches of four, marked A, B, C etc. One sticker should be placed on the back of each match target where the firer is part of a team, covering an aiming mark.
5. Target Scoring. Scoring will be in accordance with NSRA rules. The following means of scoring should be followed, in order of preference:
- a. An NSRA Class A or B scorer (or the overseas or ISSF equivalent), if independent from the unit, may score the cards on behalf of CCRS and scores advised by email without returning cards. Cards must be retained by the scorer for a random quality check by CCRS.
 - b. If a scorer is not available, cards must not be gauged, and should be returned to CCRS by the date shown for each round.
6. Witnesses. Units are to arrange for the attendance of an independent witness for all shooting in both rounds. The witness must be either a CFAV from a different Coy/Area/Sqn/Bty or an NSRA qualified witness. Witness certificates will be sent with stickers.
7. Entries should be made either on the attached form or (preferably) the electronic form attached to the email with this letter. There is a 50p entry fee per cadet to cover administrative costs which may be paid by cheque or bank transfer. On receipt of entries CCRS will send stickers and details of local NSRA Scorers.

Dafydd Marston
CCRS Competitions Offr
for Chairman ACFSC
**Relevant Extracts from
NSRA Rules**

8 RIFLE RULES

8.1 EQUIPMENT - GENERAL

All artifices which may facilitate shooting and which are not mentioned in these rules, and which are contrary to the spirit of the rules and regulations are forbidden. Appointed officials and members of the Range Committee and witnesses have the right to examine a shooter's apparel and equipment at any time. The onus is on the competitor to submit his equipment for inspection by an official or witness appointed for this purpose.

8.3 RIFLES

8.3.1 Triggers must be adequately guarded. The grip for the right hand must not be constructed in such a way that it rests on the sling, if permitted, the left arm or the ground.

8.3.2 **Small-bore other than lightweight sport.** All rifles chambered for rimfire 5.6 mm (.22 in) Long Rifle cartridges are permitted. Even if the rifle has a magazine, only one cartridge may be loaded.

8.4 RIFLE SIGHTS

8.4.1 The Association recognises the following types:

8.4.1.1 **Open.** Open, V, U or bar with or without wind gauges.

8.4.1.2 **Aperture.** A rearsight, including tube sights, which may if so desired have attached a single lens or system of lenses not containing an aiming point as a substitute for, or in addition to, prescribed spectacles. Plane light absorbing filters may be used.

8.4.2 The definition of 'iron sights' is either Rule 8.4.1.1 or 8.4.1.2; the definition of 'optical sights' is either Rule 8.4.1.3 or 8.4.1.4; the definition of 'any sights' is Rule 8.4.1.1, 8.4.1.2, 8.4.1.3 or 8.4.1.4.

8.4.3 A lens may be used attached to, or forming part of the foresight in Rule 8.4.1.1 or 8.4.1.2. The lens may not be used in addition to any other lens or system of lenses except a single prescribed sight-correction lens. The sight-correction lens may be either attached to the rearsight or worn by the shooter.

8.5 RIFLE BUTT

8.5.1 In all positions, the butt of the rifle must be placed against the shoulder on the outside of the outermost garment.

8.5.2 A butthook may be used that projects not more than 153 mm past the rear of a line, perpendicular to a line drawn through the axis of the bore of the rifle, which is tangent to the deepest part of the butt plate depression that normally rests against the shoulder. It must have a total outside length around any curve or bend of not more than 178 mm

8.6 SLINGS

8.6.1 A single point or a two point sling may be used.

8.6.1.1 **Single point sling.** The maximum sling width is 40 mm. The sling must be worn only over the upper part of the left arm and from there be connected to the fore-end of the rifle stock. No part of the rifle may touch the sling or any of its attachments except at the sling swivel or handstop.

8.6.1.2 **Two point sling.** A sling of maximum width 50 mm (2 in) is permitted.

8.6.2 Only one hook, loop, button or similar device may be fastened on the outside of the sleeve or shoulder seam on the sling arm to prevent the sling from sliding.

8.7 SHOOTING GLOVES

The glove must be made of flexible material and must not extend more than 50 mm (2 in) above the wrist measured from the centre of the wrist knuckle.

8.8 CLOTHING

8.8.1 The use of strap-on elbow pads is permitted but not in addition to elbow padding which is affixed to the garment. The use of any special devices, means or garments which immobilise the shooter's legs, body or arms is prohibited.

8.8.2 All shooting clothing must be made of flexible material, including all lining, padding and reinforcements.

8.8.3 The shooting coat may have reinforcement patches of moderate size and thickness added only to the outside surfaces on the shoulder and on both sleeves. Reinforcements of such size and thickness as to form support for the shooter or rifle are prohibited. In no case must the elbow reinforcement be nearer to the end of the sleeve than 100 mm (4 in). Concealed padding is prohibited.

8.10 SHOOTING MATS

That portion on which the elbow rests must be of uniform thickness not exceeding 50 mm (2 in) uncompressed. Firing point coverings such as waterproof groundsheets or coconut matting are not considered as personal mats but, for the purpose of Rule 8.12, the natural surface of such covering will be regarded as the firing point.

8.11 COMPETITOR'S BODY

In all positions, those portions of the competitor's body in contact with the ground must be entirely behind the front marked edge of the firing point.

8.12 PRONE

The shooter may lie on the bare surface of the firing point or on the shooting mat. He may also use the mat by resting his elbows on it. The body is extended on the firing point with the head toward the target. The rifle must be supported by both hands and one shoulder only. While aiming, the cheek may be placed against the rifle stock. The rifle may be supported by the sling but the fore-end behind the left hand or any part of the rifle must not rest on the sling or its attachments. The rifle must not touch, or rest against, any other point or object. Both forearms and sleeves of the shooting jacket forward of the elbow must be visibly raised from the surface of the firing point. The shooter's sling (left) forearm must form an angle not less than 30 degrees from the horizontal, measured from the axis of the forearm.