



ARMY CADET FORCE

SHOOTING COMMITTEE

Derby Lodge, Bisley Camp, Brookwood, Woking, Surrey GU24 0NY

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Chairman: **Colonel JS Wilson OBE DL** Secretary: **Captain SL Ellis QVRM**

Ref 114

See Distribution:

28 Oct 2015

UK CADET FORCES EXCHANGE TO CANADA 2016–CONNAUGHT COURSE – CALLING NOTICE.

Background. As part of the Royal Canadian Army Cadet (RCAC)/UK Army Cadets Forces bilateral exchange programme, a party of UK ACF Army Cadets (only) are invited to attend as students on the Cadet Leadership, Instructor Marksmanship course for a 6 week RCAC course in Canada. The UK Cadets are fully integrated within the RCAC Sections. Application Forms are issued with this calling notice. This course is supported and sponsored by Cdt's Branch, HQ Regional Command.

Ser	RCAC Course 2016	UK Allocation	UK Cadets DOB Range	Joining
(a)	(b)	(c)	(d)	(e)
1	Marksmanship Course, Connaught Cadet Summer Training Centre, Ottawa, Ontario. Local sightseeing included during the course. Cadets will participate in the Canadian National Rifle Shooting Competition on completion of the course.	Two Adult Escorts and 14 Cadets	Must be under 16 years and 6 months of age on 1 Jul 16	2* ACF Minimum age to be 14 years on 1 Jul 16

The course dates in Canada are as follows:

Connaught Course. Assemble at Bisley on Fri 8 Jul 16 to fly to Canada on Mon 11 Jul 16. The course is completed on Fri 12 Aug 16. Cadets will then compete in the Dominion of Canada Rifle Association Competition at Connaught and dispersal will be from London Heathrow on Mon 22 Aug 16. The adult escorts for 2016 and 2017 have been selected by the ACF Shooting Committee.

Objective. The objective of this letter is to seek nominations for ACF adult escorts for 2018 and ACF cadets for 2016 to attend the RCAC courses in Canada.

Outline Plan.

Adult and Cadet Nominations. By Fri 16 Jan 16. Counties are to submit applications Secretary ACF Shooting Committee, ensuring all annexes are complete and that the nominated cadet meets the required criteria.

Adult and Cadet Nominations. By Fri 23 Jan 16. Secretary ACF Shooting Committee is to forward details of the nominees and Escort Officers for the Connaught Marksmanship Course to HQ Regional Comd.

Connaught Selections. 14 cadets will be selected for Connaught with a number of reserves by ACFSC based on their shooting prowess during the preceding year. CCRS will issue Joining Instructions to successful Connaught cadets and adults.

RCAC courses. On current planning the Connaught Course will run as stated in Paras 2a and b.

Connaught. Connaught is also a well-organised hutted camp and is the Canadian equivalent of Bisley and, as such, is ideally suited to run a marksmanship course. It is located about 20 miles from Ottawa.

Nominations – Cadets.

The cadets may be of either gender and they must be prepared to provide a £150 deposit cheque made payable to 'MOD PUBLIC SUB ACCOUNT 2217' (refundable after the return to the UK to cover the cost of adjustments to air tickets should any cadet withdraw after selection or be sent home). Cheques will either be shredded or returned provided that a stamp addressed envelope is submitted with the cheque. Cheques are to forward to ACFSC when accepting their offer of a place.

Cadets will also need at least £350 pocket money. All living and travel costs in Canada are paid by the RCAC.

Selection Process. Selection for Connaught will be done by the ACFSC:

Each cadet nominated is to produce a statement on one side of A4 paper describing why he or she wants to attend the course in Canada and how the visit to Canada may benefit them in the future. **No application will be accepted without this personal statement.**

All nominations must pass through the ACFSC those that do not, will not be accepted. Counties with more than one Cadet nomination are to clearly prioritise the applications when submitting them, which will normally be respected.

All cadets must have a valid passport that is valid for at least 6 months beyond the course dates. Non UK passports are acceptable BUT holders of non UK passports will be required to gain a Canadian visa by 1 May 16.

Nominations 2018 – adults.

Adult Escorts may be of either gender (one male and one female or 2 females owing to the legal requirement to provide female adult cover) and must be current serving CFAVs of the ACF.

Essential requirements include:

At least 23 years of age.

Passed and completed either the CCF Basic (Qualifying) or ACF Instructors' Courses at CTC Frimley Park.

Hold a substantive Adult Cadet rank between SSI and Maj inclusive. Although the RCAC do not have any SNCO Adult Instructors as their adult staff are commissioned officers, they will accept, by exception, non-commissioned Cadet Force Adult Volunteers.

Physically fit.

First Aid trained.

Nominations are to be submitted to The Secretary ACFSC using the form at Annex A by **Fri 16 Jan 16**. All nominations must be approved at County level. Nominations direct from Cadet AV's will **not** be accepted without the County Commandant's approval.

A full CV showing all cadet experience and qualifications is to be submitted so that it can be forwarded to the RCAC to ensure that the adults are properly employed in Canada.

Adult Escorts are to forward a cheque for £150 (Payable to 'MOD PUBLIC SUB ACCOUNT 2217') to cover the cost of changes to air tickets should they withdraw from the course. Cheques will either be shredded or returned provided that a stamp addressed envelop is submitted with the cheque. All Adult Escorts are entitled to claim PTDs for the duration of the exercises from the HQ Regional Comd pool of PTDs using this letter as the authority.

Escort Officers for the Connaught course for 2018 will be agreed by ACFSC Bids for the **2018** course are to be forwarded to the Secretary ACF Shooting Committee (Capt SL Ellis) at Bisley by Fri 16 Jan 16.

Medical. Full and honest disclosure of **any** medical or dental conditions is required in the application forms for all CFAV's and cadets; all medical conditions are to be declared. It is essential to observe the medical constraints especially those concerning allergies and asthma.

Physical and mental robustness. Cadets who are nominated for the Canadian Exchange Programme are to have the physical and mental robustness to take part in a very demanding 6 week course. Commandants and Contingent Commanders are to bear this carefully in mind when recommending cadets to take part.

Physical fitness No applications for the course will be accepted without confirmation that the applicant has completed the personal fitness test in Para 10 below as follows: **Connaught – Bronze**. Cadets are to be tested against these standards at County. It is a County/ Sector/Contingent responsibility to ensure that cadets are at the correct level of fitness to attend the course. Any cadet that fails to reach the Bronze Standard on arrival at Connaught could be RTU'd or at the very least find it very difficult due to long days and the heat.

Fitness Assessment. There are 6 tests: 20m shuttle run, sit ups, press ups, trunk lift, back saver sit & reach and shoulder stretch. As a guide to personal fitness, the following are an indication of performance requirements and are to be used by cadet units to gauge the fitness of their cadets for the various courses:

	Male				Female			
	Bronze Standard	Silver Standard	Gold Standard	Excellent Standard	Bronze Standard	Silver Standard	Gold Standard	Excellent Standard
Press Ups (best effort, no time limit)	22	28	32	35+	10	12	14	15+
Sit Ups ⁽¹⁾ (best effort, no time limit)	33	39	44+	47+	21	28	31	35+
Shuttle Run (Bleep Test) ⁽²⁾	Level 5	Level 7	Level 8	Level 12	Level 3	Level 5	Level 6	Level 9
Shoulder Stretch	Cadets must be able to touch their fingertips together behind their back on both the right and left sides							

Drug and alcohol abuse. All nominees must be aware that the RCAC (and UK cadet practice) have a strict non-drug and alcohol abuse policy. This includes a prohibition on any cadet drinking alcohol even

if he/she is over 18 years old. **Any infringement by either adult or cadet will result in an immediate RTU to UK at the adult or cadet's own expense.**

Non smoking policy. Under Canadian law it is illegal for anyone under the age of 18 to smoke or have any materials to use for smoking. In an effort to ensure that no cadets are RTU for breaking the smoking rules it is preferable applicants be non smokers.

Fraternisation policy. The RCAC have a very strict non-fraternisation policy. In the past we have had cadets RTU'd from Canada. All of these incidents were caused by failure to observe the very strict RCAC rules of this policy. All cadets are briefed on this policy prior to departure and again on arrival in Canada and no flexibility is allowed by the RCAC. **Parents are required to pay for the cost of the return airfare for all RTU cadets and they must be made aware of this when completing the application forms.**

Administration. POC for Selections, Administration and Deployment of the Connaught exchange Cadets to Canada will be Capt SL Ellis Secretary ACFSC .

Conclusion. This course is a very successful and valuable experience for both escorts and cadets and has been running for many years. It is vital that the nominating units and contingents confirm that the details contained within the application forms are accurate and honest. It is imperative for Counties to ensure that only those cadets who really are up to the substantial challenge of 6 weeks in Canada get to go. Cadets will be RTU by the Canadian authorities if **they have not properly reported any medical conditions** that can affect their attendance on the courses.

SL Ellis
Capt

Annexes:

- A. Brief and Application Pack; Connaught CLIM Course.
- B. Connaught 2018; UK Adult Application Form.

Distribution:

External:

Action:

All ACF Counties*

Information:

Cdt's Branch HQ Regional Comd*

Chairman ACF Shooting Committee*

ACFA/CCFA*

ACFSC

* Sent by e-mail

To be forwarded to Capt SL Ellis, Secretary ACF Shooting Committee, Derby Lodge, Bisley, Brookwood, WOKING, Surrey, GU24 0NY

ARMY CADET MARKSMANSHIP COURSE CANADA

Application Form for Cadets wishing to attend the 2016 Course

Part A to be completed by the Company Commander or Company Staff Officer

Part B to be completed by the County Shooting Officer

Part C to be completed by the Commandant

Part A – To be completed by the Company Commander or Company Staff Officer

1. County/Battalion: _____

2. Rank: _____

3. Full Names: _____

4. Date of Birth: _____ Age on 1 Jul 16: _____ Years _____ Months

5. Address: _____

6. Tel Number: _____ Mobile No: _____

7. E-Mail Address: _____

8. Date Joined ACF: _____

9. APC Star Level Gained: _____

10. Other Notable ACF Achievements/
Qualifications: _____

11. Do you consider he/she will make a good ambassador for the ACF and County? YES/NO
12. Is he/she physically fit? YES/NO
13. Does he/she have any medical problems or allergies? YES/NO
If 'YES' give details:

14. Can adequate financing be arranged if the candidate is unable to afford the trip? YES/NO

15. Sizes:

- a. Hat _____
- b. Chest _____
- c. Waist _____
- d. Neck _____
- e. Height _____

16. Please give a concise report on the applicant including comments on the cadet's suitability as an ambassador for the UK cadet movement. Comments on character would be useful.

Date: _____

Signed: _____

Appointment: _____

LARGE BORE MARKSMANSHIP COURSE – CANADA

Part B – To be completed by the County Shooting Officer

1. Applicant's fullbore shooting record

a. **Inter-Service Cadet Rifle Meeting – Bisley 2015.** Show all scores and positions in the table below.

	A		B		C		D						
	Individuals		Patriotic Shield		Frankfort Shield		Watts Bowl	Cadet Hundred		Bosom Cup		Somerset Cup	
Dist	300	600	300	500	300	500	600	A+B+C		A+B+C+D		300	
HPS	35	35	35	35	35	35	50	210	Posn	260	Posn	50	Posn
2014													
2015													

b. **Other fullbore target rifle experience/scores.** Give details of any other *fullbore target rifle* experience and scores.

2. Applicant's smallbore shooting record.

a. **ACF .22 Cadet Hundred.** Where appropriate, show all scores and positions in the table below.

2013/14		2014/15		
Score	Position	Score Round 1	Score Round 2	Position

b. **Other smallbore experience/scores.** Give details of any other smallbore rifle experience and scores.

3. General comments on the applicant's suitability to attend the course.

Print Rank/Name: _____ Signed: _____

Date: _____

NB. It is essential that nominated cadets have previously received basic instruction in the art of fullbore target rifle shooting and have had the opportunity to shoot a fullbore target rifle under experienced guidance. Experience with a GP rifle alone is not enough to qualify for this course.

Part C – To be completed by Cadet Commandant

1. Do you endorse the report in Parts A and B above? YES/NO

If 'NO' please give reasons:

2. Is the applicant:

a. Highly recommended*

b. Recommended*

* Delete where applicable

3. Where a country has more than one applicant – Priority No _____

4. Any further comments please which you think may be helpful:

Date: _____

Signed: _____
Commandant

Print Rank/Name: _____

To be forwarded to Capt SL Ellis, Secretary ACF Shooting Committee, Derby Lodge, Bisley,
Brookwood, Woking, Surrey, GU24 0NY

ARMY CADET MARKSMANSHIP COURSE CANADA

Application form for Officers volunteering to accompany cadets on the Connaught Course for the Year 2018

Part A to be completed by the officer volunteering to accompany the course
Part B to be completed and signed by the Commandant

Part A – To be completed by the nominated officer

1. County/Battalion: _____
2. Rank: _____
3. Full names: _____
4. Address: _____

5. Tel number: _____ Mobile No: _____
6. Email Address _____
7. Date of birth: _____
8. Years of service in ACF: _____
9. Present appointment: _____
10. Experience in **full bore target rifle shooting and coaching**, including any courses attended:

11. Appointments held in the ACF since joining, with dates:

12. Reasons for applying:

13. I can definitely make myself available for the relevant **6/7 weeks**. YES/NO

Date: _____

Signed: _____

